



**FRENTE**



**COSTA**

The background features a large, stylized graphic composed of two concentric, irregular shapes. The outer shape is defined by a thin red line, and the inner shape is defined by a thin green line. Both shapes have a complex, organic form with several curves and angles. The text "MANGA DIREITA" is centered within the green-outlined shape.

# MANGA DIREITA

The image features a large, stylized graphic of a left sleeve (manga esquerda) in a light gray color. The sleeve is outlined with a thin red border and a thin green border. The text "MANGA ESQUERDA" is centered within the sleeve area in a bold, purple, sans-serif font.

# MANGA ESQUERDA

# PUNHO

# 1

# PUNHO

## 2

A red hand-drawn oval border surrounds the text.

GOLA INTERNA

A red, hand-drawn oval border that frames the text. It has a slightly irregular, organic shape with a thin red line.

GOLA EXTERNA